

Prospectus

2013-14

'Working together to improve our local NHS'



Foreword

Welcome to the prospectus for NHS Coventry and Rugby Clinical Commissioning Group.

The prospectus aims to explain the role of the CCG and how we are working on your behalf to improve local health services.

We are committed to putting patients at the very heart of what we do, to provide the best possible healthcare within the resources available.

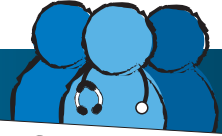
This means working in new ways to get the best results for our patients and doing this openly and transparently, involving local people wherever possible, at every step.

Our overriding priority is quality, and by working together with patients, health services, communities and local authorities we believe we can make positive changes for the future.

Dr Adrian Canale-Parola
Chair of NHS Coventry and Rugby Clinical Commissioning Group



Who we are and what we do



77 GP Practices

Seventy seven GP practices have come together to form NHS Coventry and Rugby Clinical Commissioning Group (CCG), which is responsible for delivering high quality health services for patients and the local population.

Changes to the NHS have put patients at the heart of everything it does and GPs are now being given the money to buy a number of key health services for local people.

Why GPs?

Patients are more likely to see their GP than any other health professional. This means GPs have a really good understanding of what their patients need.

What do CCGs do?

The CCG buys health services in a process called commissioning. This involves planning and paying for healthcare services and ensuring the quality is of a high standard.

NHS Coventry and Rugby CCG commissions hospital services, mental health services and community services, including district nurses and physiotherapists.

The CCG is buying health services on behalf of its patients everyday. So asking people what they want and giving patients choice is really important.

Benefits for patients

Although many changes are happening behind the scenes, patients visiting their GP surgery should not notice any major difference. However, over time, they should see positive changes as local GPs work more closely with patients to design new approaches to healthcare.

What is the Governing Body?

The Governing Body is ultimately responsible for all decisions made by the Clinical Commissioning Group. It has a GP Chair, senior CCG officers, elected GP members, a nurse, a secondary care specialist doctor and three 'lay' members who are not NHS professionals but act on behalf of local people.



Vision and Values

The CCG's **Vision** is

To improve the health and wellbeing of our community



To provide the best possible patient experience



To ensure choice, value for money and high quality care

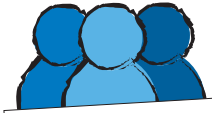


The CCG's **Values** are to

- Focus on health and wellbeing, prevent ill health and reduce health inequalities
- Ensure services should be as local as possible
- Use its resources effectively and efficiently by investing in services that deliver quality and best value for money
- Be responsive and listening and working with the community, practices and partner organisations
- Enable and empower its workforce and members to be the best they can be

Improving the health and wellbeing of our community

Our population



360,000
live in
Coventry



100,000
live in
Rugby

More than 460,000 people live in the CCG area which includes the City of Coventry and Rugby Borough.

The area is very diverse, ranging from urban Coventry to rural parts of Rugby Borough and includes areas of deprivation and health inequalities - giving rise to wide variations in people's health and well-being, according to their population group or where they live.

Working together

The CCG is a member of the Health and Wellbeing Boards of Coventry and Warwickshire. The boards have been set up to improve partnership working between health, social care, public health and other key services so that people receive more joined up care and support.

The boards are responsible for reducing health inequalities and look very closely at the current and future health needs of the local population to agree priorities for local health and social care commissioning.

The CCG uses local knowledge and works closely in line with the local Health and Wellbeing strategies to help prevent ill health and improve quality of life for everyone, particularly children and young people; older people; adults with learning disabilities; adults with alcohol related illnesses and people affected by sexual and domestic violence.

Challenges

The key challenges facing NHS Coventry and Rugby CCG are:

- A number of significantly deprived communities
- An increasing number of patients with long term conditions such as heart failure, diabetes and chronic lung disease
- An increasing number of over 75s who require support
- A large variation in life expectancy depending on where people live
- A high level of alcohol-related admissions to hospital
- A low uptake of cervical cancer screening
- Pressures on Accident & Emergency

Our priorities

The CCG's work is based on five priority areas

- High quality, safe GP practices
- Health of frail, older people
- Wellbeing for people with mental health needs
- Hospital care
- Healthy lifestyle choices

Making an impact

Using our local knowledge we are working on three key areas where we feel we can make a significant impact on the health of our population. They are

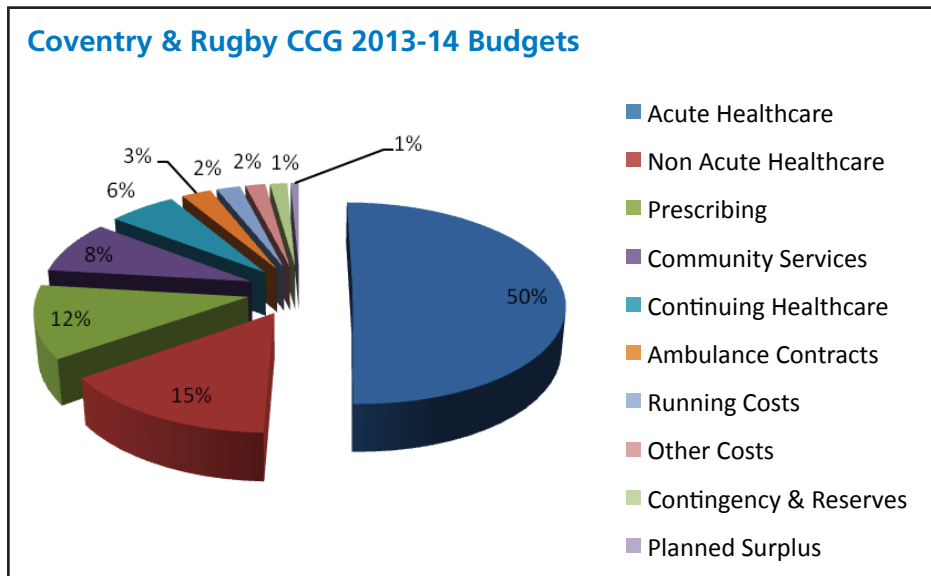
- Reducing the number of people admitted to hospital due to alcohol (including alcohol-related liver disease)
- Reducing smoking rates among pregnant mothers
- Increasing the take-up of cervical cancer screening


Ensuring value for money and high quality care

NHS Coventry and Rugby CCG looks after an annual budget of £553 million which is spent on local health services on behalf of local people. We are committed to using your money as effectively as possible by investing in services that offer quality and value for money.

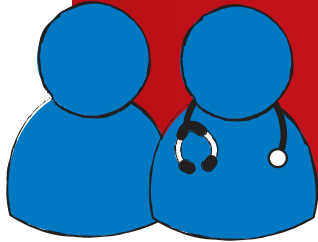
How your money is spent

The chart below shows how the CCG plans to spend the budget in the 2013-14 financial year.





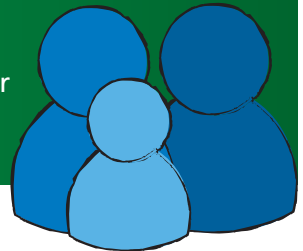
Most of the money is spent on hospital services, mainly at University Hospital in Coventry and the Hospital of St Cross in Rugby, and community based care such as District Nursing and Health Visiting. The organisations that we commission or buy services from are known as 'providers' and also include Coventry and Warwickshire Partnership NHS Trust and South Warwickshire NHS Foundation Trust.



The CCG is working in innovative ways and with others to achieve better value, productivity and above all, a better experience for patients.

We are working to improve services outside hospital to reduce pressure on our Accident and Emergency departments and to enable people to keep healthy at home.

We are supporting people with long term conditions, such as diabetes and heart failure, to manage their own conditions and receive care in their own communities. By working with partners in social care, we are also providing more joined up support which is helping patients to return home from hospital sooner and using resources more efficiently.



Providing the best possible patient experience

We want people to have fair and timely access to a choice of quality health services. In order to achieve the best possible patient experience within our budget, it is important that we listen to the views of patients.

Our contract arrangements already include key performance indicators, based on what local people tell us. Above all, the patient experience is, and always will be, central to our commissioning decisions.

Local people can also expect services to meet national quality standards and performance indicators, which are set out by the NHS, and are used to measure the success of the services that we commission. Targets include, for example, starting hospital treatment within 18 weeks from when you are referred by your GP, and being seen within four hours of being admitted to Accident and Emergency.

Through our commissioning arrangements we are challenging and supporting health services to help them improve.

Respecting our patients and the local communities we serve

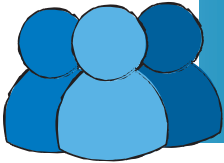
The CCG is committed to listening to the views of local people and works closely with the voluntary and community sector to ensure everyone has a voice, including the most vulnerable and hard to reach.

We want to consider the impact on patients before making any commissioning decisions and involve local people when decisions are being made which may change the way services are provided in the future.

As well as holding regular patient summits and conferences, we visit a wide range of groups and organisations, ranging from Healthwatch and carers' groups to community forums.

Our Governing Body 'lay members' work on behalf of local people, feeding back their views, and the CCG regularly listens to 'patient stories' first-hand.

How you can get involved



Our patient involvement events provide a platform for open and honest discussion.

We hold regular events in Coventry and Rugby for patient panel group members, health champions and members of the local community.

Patient Panel Groups

Coventry and Rugby have a rich history of patient and public involvement and over 60 practices have Patient Panel Groups. The groups meet face to face or communicate via email to discuss issues at the practice, raise concerns, feed back ideas and suggest improvements regarding how services at their practice are provided. Contact your GP practice to see if they have a group you can join.

Become a Health Champion

Health Champions is NHS Coventry and Rugby CCG's membership scheme. Members receive regular information from the CCG and have the opportunity to have their say on health services and issues. Anyone can become a Health Champion and if you would like to join, visit www.coventryrugbyccg.nhs.uk



Get in touch

If you have something to say and would like to get in touch with the CCG, email contactus@coventryrugbyccg.nhs.uk, telephone **024 7655 3344** or write to Coventry and Rugby CCG, Christchurch House, Greyfriars Lane, Coventry, CV1 2GQ.

Find out more

For more information on NHS Coventry and Rugby CCG visit our website www.coventryrugbyccg.nhs.uk which includes information on events, our work and a short film which explains who we are and what we do.



NHS Coventry and Rugby Clinical Commissioning Group,
Christchurch House, Greyfriars Lane, Coventry, CV1 2GQ

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